

 	<b>Allegato</b>  <b>GLUCOSE: LOAD TEST</b>	<b>All-SDF.LAB03.36</b>
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On the days before the test the patient should follow a normal diet. On the day of the test, in the morning, the patient must have been fasting for at least 8-12 hours.

Before administering the glucose solution, basal blood glucose must be first determined: if blood glucose values are  $\geq 140$  mg/dL, the test is not carried out.

The procedure is as follows: a glucose solution is administered in the form of a syrup to be drunk within 5 minutes. Blood samples are taken based on the type of loading curve prescribed.

The patient must remain seated and refrain from smoking and eating throughout the examination. If vomiting occurs, it is necessary to stop the test.